



Caregivers are taught behavior modification and attachment tools to address problems right as they occur in our controlled environment.

**Contact Child Guidance today to learn more:**

**Delaware County**

**484-454-8720**

2000 Old West Chester Pike  
Havertown, PA

**Philadelphia**

**267-713-4132**

2901 Island Ave.  
Philadelphia, PA

**Chester County**

**610-383-5635**

477 E. Lincoln Hwy  
Coatesville, PA

[www.CGRC.org](http://www.CGRC.org)

email:

[info@CGRC.org](mailto:info@CGRC.org)

# PARENT-CHILD INTERACTION THERAPY

Changing the dialogue to improve relationships



## THE CHALLENGE

A young child who struggles to listen to rules, follow directions, or has difficulty behaving appropriately can add stress and disruption to the home, day-care center, or classroom. Tantrums and aggressive behavior only make things more difficult. Inconsistent or irregular rule-setting can contribute to an environment of instability and confusion. It can be difficult to parent a child who is struggling with behavioral issues, especially when you are unsure of the next step to take.

## THE SOLUTION

Our Parent-Child Interaction Therapy (PCIT) is an evidence-based therapy that addresses problem behavior in a collaborative, age-appropriate and supportive environment. PCIT is for children ages 2-7 who struggle with disruptive or difficult behavior, including verbal or physical aggression, defiance, noncompliance, temper tantrums or ADHD symptoms. Through clinician-guided interactions, the caregiver learns to effectively address these behavioral concerns which leads to an improved relationship with the child. You will master tools to handle problems right in the moment.

## THE BENEFITS

- ☞ Using a one-way mirror and wireless earpiece, a clinician guides the parent in real-time to enhance the parent-child relationship and improve child behavior.
- ☞ Communication, attachment, and compliance all improve as boundaries are reset and expectations maintained.
- ☞ Skills are easily incorporated into daily life thanks to regular weekly sessions over 15-20 weeks.
- ☞ Ongoing support, through booster sessions, is available to maintain parenting skills and address new problems as they emerge.
- ☞ Children will be better prepared for school success.
- ☞ Caregivers gain parenting confidence and skill.