

**You've been referred to MST.
You may have many questions—
we are here to answer them.**

Multi-Systemic Therapy (MST) is a proven program developed at the Medical University of South Carolina and created for families just like yours. Designed for children who exhibit troubling and difficult-to-manage behaviors, the MST program at Child Guidance Resource Centers (CGRC) supportively and proactively addresses these behaviors and helps your child move in a positive direction.

MST is evidence-based — 20+ years of research proves its effectiveness. Through the process inside, we are confident we will enable your family to start a new chapter in your child's life.

We want you to know:

- ☎ The MST program generally lasts 4-6 months.
- ☎ Initially, your clinician will meet with you a minimum of 2-3 times/week.
- ☎ Clinicians will work around your schedule during treatment.
- ☎ MST clinicians are on call 24/7.
- ☎ Based on studies, over 85% of youth who complete the MST program remain in school or working.*
- ☎ 87% of parents feel significantly more confident in their parenting skills after completion of MST.**

*Results from the MST Institute, September 2010

**Results from CGRC between 1/2010-12/2011



Child Guidance Resource Centers (CGRC) is a private, non-profit community behavioral healthcare organization dedicated to providing quality care and educational services to **assess, treat, and empower** children, adolescents, and families with behavioral health, developmental disability, and residential needs in the Delaware Valley. With over 55 years of service, CGRC is committed to creating and sustaining healthy, secure communities through an array of highly-qualified clinical services that address and maintain the health and well-being of the clients we serve. Vital to this commitment is an outstanding clinical and support staff who provides services of unparalleled value.

For additional information about programs, staff, treatment costs or to make an appointment, please contact us at:

HEADQUARTERS

2000 OLD WEST CHESTER PIKE
HAVERTOWN, PA 19083
484-454-8720 • FAX: 484-454-8706
WWW.CGRC.ORG

CHESTER COUNTY OFFICE

744 E. LINCOLN HIGHWAY, SUITE 420
COATESVILLE, PA 19320
866-799-3325 • 610-383-5635

PHILADELPHIA OFFICES

PHILADELPHIA AUTISM CENTER OF EXCELLENCE
2901 ISLAND AVENUE
PHILADELPHIA, PA 19153
267-713-4100

THE CHILDREN'S HOSPITAL OF PHILADELPHIA
(CHOP)

PEDIATRIC & ADOLESCENT CARE
4865 MARKET STREET
PHILADELPHIA, PA 19139
215-590-0413

MONTGOMERY COUNTY OFFICE

FELLOWSHIP FARM
2488 SANATOGA ROAD
POTTSTOWN, PA 19464
610-326-3008



Child Guidance Resource Centers is a private, non-profit organization registered with the Pennsylvania Bureau of Charitable Organizations, licensed by the Commonwealth of Pennsylvania Department of Public Welfare and accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO). Child Guidance Resource Centers is a United Way participating agency, a member of the Pennsylvania Association of Community Intellectual Disability Providers, the Better Business Bureau, and the Delaware County Chamber of Commerce. Child Guidance Resource Centers participates in state medical assistance programs and most major commercial insurance offerings.

Admissions and referrals are made without regard to race, sex, color, national origin, ancestry, religious creed, handicap, age, sexual identity, affectional preference or AIDS. Any complaints in this area can be filed with the Office of Civil Rights (WHS), Bureau of Civil Rights (DPW) and/or the Pennsylvania Human Relations Commission.

**A PARENT'S GUIDE TO
MULTISYSTEMIC THERAPY [MST]**



*Empowering Families
Creating Long-Term Change*



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HAVERTOWN, PA 19083

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www.cgrc.org

MST: A Proven Process for Improving Behaviors and Creating Long-Term Change

