



Family First Program

Working with families in their communities; creating long-term change.

How to Receive Services

- To receive Family First services, a referral from a doctor, physician, licensed psychologist, school guidance counselor, or other professional is required.
- Child Guidance's Family First services are covered by the PA Medical Assistance System. If the child is diagnosed with a disability, s/he may qualify for Medical Assistance regardless of family income.
- To learn more, simply call Child Guidance's Access department and schedule an evaluation and assessment. We will provide an evaluation and refer the child to Family First if appropriate.

**Contact
Child Guidance today
to learn more:
484-454-8700
info@cgrc.org**

www.cgrc.org

THE CHALLENGE

A child's challenges, be they severe emotional disorders or mental illness, developmental disabilities, intense parent/child conflict, difficulty adjusting to life changes, school problems, oppositional defiant disorder, or drug and alcohol issues, are pervasive in all areas of the child's life. As a result, sometimes traditional in-office therapy is not enough and the child requires a multi-faceted, family-oriented approach.

THE SOLUTION

A child's family can be the strongest, most important support during development, and the most effective way to help children with difficult challenges is through a family-focused, home-based model. Child Guidance's Family First service is a 32-week comprehensive program in which two clinicians support the family in a number of ways:

- 1) Therapy sessions where everyone is present
- 2) Individual counseling
- 3) Parent counseling and education
- 4) 24 hour on-call support
- 5) Interagency support (within the education, behavioral health or court system)
- 6) Other family support and therapeutic services as needed.

Clinicians work with their clients in their homes and communities multiple times a week, thus providing the flexibility and duration necessary to thoroughly identify issues and address them with the child, family, school and community.

THE BENEFITS

- ☞ The multi-faceted, flexible program allows therapists to gain a deep understanding of the child's struggles and address core issues, creating and reinforcing long-term change.
- ☞ Therapy is not limited to one methodology or one course of treatment. Clinicians are trained to address the family's specific needs through a variety of therapeutic interventions.
- ☞ Clinicians work as the child's advocate in the school district, hospital or court systems as needed.
- ☞ 24 hour on-call support is available for crisis management.
- ☞ The 32-week higher level of care ensures the family will have the tools needed to grow and transition to lower levels of therapeutic care successfully.