

SCHOOL-BASED COUNSELING SERVICES



When your child is struggling it can feel overwhelming. Balancing the responsibilities of your family with work and transportation can add even more stress. When your child also struggles at school, it can be ideal to get help right there, where the challenges occur. Child Guidance can help with these emotional and behavioral difficulties.

To learn more
contact
Child Guidance

Delaware County:
484-454-8700

Chester &
Berks Counties:
610-383-5635

Montgomery
County:
484-454-8720

email:
info@cgrc.org
www.cgrc.org

WHAT ARE SCHOOL-BASED COUNSELING SERVICES?

- One to one, confidential, individual or family counseling with a master's level therapist offered right in your child's school, during the school day.
- Our experienced therapists use a variety of clinically based interventions such as: talk, play, art, family meetings, and other strategies to support your child and you in reaching agreed-upon goals.

THE BENEFITS

- No challenges with transportation- your child will receive support right at school. Family sessions can be conveniently scheduled as well.
- We provide consistent collaboration with school staff and teachers.
- Your child will be a client of Child Guidance Resource Centers and can easily gain access to any of our many clinical services.

WHERE CAN I FIND THESE SERVICES?

Delaware County

- Upper Darby School District: Hillcrest Elementary, Stonehurst Elementary, Upper Darby High
- William Penn School District: Walnut Elementary, Penn Wood Middle
- Southeast Delco School District: Academy Park High

Chester County

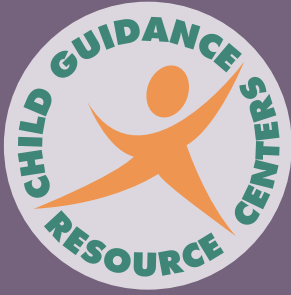
- Owen J. Roberts School District: North Coventry Elementary, East Coventry Elementary, East Vincent Elementary, West Vincent Elementary, French Creek Elementary, Owen J. Roberts Middle, Owen J. Roberts High
- Coatesville Area School District: Rainbow Elementary, Friendship Elementary, Kings Highway Elementary, Reeceville Elementary, East Fallowfield Elementary, Scott Middle, North Brandywine Middle, South Brandywine Middle, Coatesville Area Intermediate High, Coatesville Area Senior High

Berks and Chester Counties

- Twin Valley School District: Robeson Elementary, Honey Brook Elementary, Twin Valley Elementary, Twin Valley Middle, Twin Valley High

Montgomery County

- Norristown Area School District: Norristown High



Child Guidance Resource Centers' mission is to inspire hope, to empower, and to contribute to the wellbeing of children, families and adults throughout the five-county Philadelphia region by delivering evidence-informed behavioral health services and community-wide wellness programs.

Contact
Child Guidance
today
to learn more:

484-454-8700

2000 Old West
Chester Pike
Havertown, PA

www.cgrc.org
email:
info@cgrc.org

☞ HOW CAN I MAKE A REFERRAL?

Getting started with school-based counseling services is easy. Parents, caregivers, or school staff can start the referral process by speaking with any member of the school's guidance staff. The guidance counselors will help the family complete our simple, confidential referral form. We verify the child's insurance information and then call the caregivers to schedule the child's first session at school.

☞ WHAT IF MY CHILD NEEDS MORE HELP?

Child Guidance offers 24 different services to meet a wide variety of mental and behavioral health needs. Psychological and psychiatric assessments are available to determine additional options. From groups, case management, and family programs to medication management, with the help of your school-based counselor we will determine the best course of treatment to guide your child to a healthy, fulfilling life.

ABOUT CHILD GUIDANCE RESOURCE CENTERS

Child Guidance Resource Centers is a private, non-profit community behavioral healthcare organization. Since 1956 we have been dedicated to providing quality care and educational services that assess, treat, and empower children, adolescents, and families with behavioral challenges, developmental disabilities, or residential needs in the the five-county Philadelphia area. With almost 65 years of service, Child Guidance is committed to creating and sustaining healthy, secure communities through highly qualified clinical services. Our work advocates for, and maintains the health and well-being of the clients we serve. Vital to this commitment is an outstanding clinical and support staff that provides services of unparalleled value.

WHAT OTHER SERVICES DO WE PROVIDE?

- Counseling services for children 3-21 years old
- Specialized group therapy including social skills, grief, trauma, divorce, LGBTQI, and anger management skills.
- Parent Child Interaction Therapy for children and their caregiver from 3-7 years old.
- Pivotal Response Therapy for children diagnosed with autism from 2-17 years old.
- CREATE: Creating Relationships and Emotional Adaptability in a Therapeutic Environment, an evidence driven communication and socialization group for children diagnosed with autism from 3-21 years old.
- Psychological and psychiatric evaluations and medication management
- Family First our family-based therapy, 32 weeks of intensive family therapy and case management
- The Incredible Years, an evidence-based weekly family therapy that improves family connections and school performance for 6-8 year olds
- Behavioral Health Rehabilitative Services, BSC, MT and TSS in home, school, and community
- Private K-8 School
- and so much more.